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tw telecom Collaborates with Cisco, BT to Deliver TelePresence Conferencing Solutions

-- tw telecom leverages its industry-leading, nation-wide business Ethernet and MPLS IP VPN services to connect enterprises to BT's Global Video Exchange across the U.S.

-- tw telecom network services portfolio enables Cisco and its VARs to provide TelePresence equipment, with BT providing conferencing capabilities

LITTLETON, Colo. – May 14, 2010 – **tw telecom**, (NASDAQ: TWTC) a leading national provider of managed voice, Internet and data networking solutions for businesses across the U.S. and globally, today announced it is collaborating with Cisco and BT Conferencing to deliver a comprehensive high-definition business videoconferencing solution in the U.S. This solution will help enable companies with the Cisco TelePresence™ equipment to communicate and collaborate within and between companies.

Cisco TelePresence creates a live, face-to-face communication experience that empowers people to collaborate like never before. Cisco TelePresence helps people meet, share content, create high-quality video recordings and events, consult with experts and deliver powerful personalized services, all using the power of the network for an immersive in-person experience.

“Cisco TelePresence is one of the most exciting and compelling business applications we’ve seen in years,” said Troy Knuckles, Senior Vice President – Sales at **tw telecom**. “Helping to unleash the power of Cisco TelePresence for collaboration and communication between two or more different companies requires the Cisco TelePresence system to be as simple as making a phone call. With our network services and collaboration with Cisco and BT we’ve accomplished just that. We are making it easy for companies with a Cisco TelePresence to dial up to other companies – whether they are down the street, across the country or around the globe.”

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Under this arrangement, **tw telecom** is provisioning its nation-wide business broadband Ethernet and MPLS IP VPN services to connect the enterprise customer to BT's Global Video Exchange conferencing platform, while Cisco and several of its key VAR partners, including BT, deliver and install the required Cisco TelePresence equipment at those enterprise customer locations.

"With its immersive experience, Cisco TelePresence is forever changing the way people connect, communicate and collaborate," Knuckles said. "By enabling this capability between companies through a simple phone call, we're able to help enterprises achieve greater efficiencies and productivity while keeping them off the road and in the office, thereby advancing their Green IT agendas. Cisco TelePresence is now more accessible than ever before, and we believe it will grow even faster by helping to enable high-definition video communications between companies."

For more information about **tw telecom**, visit www.twtelecom.com.

About tw telecom

tw telecom holdings inc., a unit of **tw telecom inc.**, headquartered in Littleton, Colo., provides managed network services, specializing in business Ethernet and transport data networking, Internet access, local and long distance voice, VoIP, VPN and security, to enterprise organizations and communications services companies throughout the U.S., and globally. As a leading provider of integrated and converged network solutions, **tw telecom** delivers customers overall economic value, quality, service, and improved business productivity. Please visit www.twtelecom.com for more information.

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