



MEDIA CONTACT:

Bob Meldrum

bob.meldrum@twtelecom.com

303.566.1354

XOS Technologies Selects tw telecom to Provide Critical Co-location, High-Speed Internet Services

Multi-year Contract Gives XOS the Reliability and Bandwidth Necessary to Power its Vault™ Technology, which Houses Enormous Online Video Libraries for its Sports Partners' Exclusive Content

ORLANDO, Fla. – August 26, 2009 – **tw telecom**, (NASDAQ: TWTC) a leading provider of managed voice, Internet and data networking solutions for businesses, today announced that XOS Technologies, Inc., a national sports media and digital asset management provider, has selected it to provide co-location services and a 1Gbps Internet pipeline to meet the data-intense demands of XOS' sports clientele.

"We selected **tw telecom** because of their performance, reliability, ease of use, and future expandability with little change to equipment or services, minimizing the capital we need to spend to grow our business," said Andrew Maxon, IT Manager at XOS Technologies. "And **tw telecom's** co-location services give us a back-up site for the content we're working with, as well as a high-quality gateway to tw telecom's fiber networks in cities across the country."

XOS currently has a 200 Mbps connection and **tw telecom** will increase that by five-fold to a 1Gbps connection and create a direct fiber connection from XOS' Orlando network operations center to Florida's high-speed Lambda Rail network. XOS also will utilize **tw telecom's** co-location services, ensuring that the XOS Vault™ offers the reliability and bandwidth necessary for its sports partners to upload and download large video files.

"With 480 clients representing just about every major sports team or organization in North America, XOS faces a real challenge meeting the exploding bandwidth needs of its customers," said Gabby Nieto, Vice President and General Manager of **tw telecom** in Orlando. "**tw telecom's** additional 800 MB EIS – giving it 1Gbps total – will allow XOS to provide the necessary video transport capabilities, aggregating more sports content in one location than nearly any other business around."

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XOS provides a wide variety of technology solutions to professional and collegiate sports teams, conferences, leagues, and athletic administrators. These include video-focused services that allow its partners to more efficiently acquire, manage and distribute exclusive content for their brands.

tw telecom connects more commercial buildings to its fiber network than any other competitive communications provider, only exceeded by the large global incumbents. In fact, it has the third highest market share of retail Ethernet ports in service. With its own national fiber network and IP backbone, **tw telecom** has the national capability, robust product portfolio and national/local customer care teams to support mission critical enterprise applications and to deliver the industry's most sought after customer experience.

About tw telecom

tw telecom holdings inc., a unit of **tw telecom inc.**, headquartered in Littleton, Colo., provides managed network services, specializing in Ethernet and transport data networking, Internet access, local and long distance voice, VoIP, VPN and security, to enterprise organizations and communications services companies throughout the U.S. As a leading provider of integrated and converged network solutions, **tw telecom** delivers customers overall economic value, quality, service, and improved business productivity. Please visit www.twtelecom.com for more information.

About XOS Technologies Inc.

For nearly 15 years, the nation's top professional and collegiate sports teams, conferences, leagues and athletic administrators have turned to XOS Technologies for expertise found in its innovative coaching analysis software (Coaching Solutions), Facilities Design & Integration (FDI) services and sports media and digital asset management solutions (XOS Digital). The revolutionary technology and new media solutions developed by XOS has been adopted by more than 480 clients representing more than 900 sports teams throughout the NFL, AFL, NBA, WNBA, NHL, MLB, NCAA, NAIA and NASCAR. The company's headquarters are located in Billerica, Mass., with digital and facility design initiatives operated out of the Orlando, Fla. area. For more information, visit www.xostech.com. Twitter at <http://twitter.com/XOSTech>.

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