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Metropolitan Nashville Hospital Authority Completes Voice and Data Upgrade with tw telecom's Network Solutions

-Converged network streamlines voice and data management

NASHVILLE, Tenn. – April 9, 2009 - **tw telecom**, (NASDAQ: TWTC), a leading provider of managed voice, Internet and data networking solutions for businesses, today announced the successful installation of data and voice services to augment existing data and Internet services provided by **tw telecom** for the Metropolitan Nashville Hospital Authority. The Metropolitan Nashville Hospital Authority facilities include Nashville General Hospital at Meharry, Bordeaux Long-Term Care facility, Knowles Home Assisted Living and Adult Day Care, Our Kids Center and the Center for Lifestyle and Health Management.

"The Hospital Authority needed to upgrade communications capabilities to meet the growing needs of Metropolitan Nashville," said Robert Stillwell, CPA, Chief Financial Officer for the Metropolitan Nashville Authority. After a thorough RFP and search we saw that **tw telecom** could provide the solutions and expertise required for this transformation. As essential care facilities for the residents of the City of Nashville and Davidson County, we see tens of thousands of patients each year and this improvement to our infrastructure will support our mission to provide seamless, high quality care to our patients."

New services for the Authority include: two 10Mbps Ethernet circuits providing additional any-to-any data connectivity, a point to point data connection for the Bordeaux facility, a 500Mbps Ethernet connection to an off-site business continuity and disaster recovery location and voice services to Nashville General Hospital and its satellite locations. The combination of voice, Internet and data solutions completes the Metropolitan Nashville Hospital Authority's upgrade to a fully converged network designed to meet the needs of administration, doctors and patients.

"We were very pleased with **tw telecom's** Internet and data services, and these additional services were the next component required for our upgrade," said Ken Irwin, Telecom Manager for the Authority. "Today we have a single provider that delivers a converged, SONET-protected communications solution to the Authority. Having one provider streamlines network management capabilities as well as providing real expense savings that ultimately benefits taxpayers."

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“A major upgrade such as this is significant for any business, but for healthcare providers there is an added level of concern that our systems remain operational at all times,” said Stillwell. “The **tw telecom** team is very experienced and they continue to work closely with our staff to make this a smooth and seamless transition. This upgrade prepares us for the future with networks and system that support the Authority’s goal of providing high quality, cost effective patient care. We also foresee that with the efficiencies we’ve gained with this upgrade we will realize immediate cost savings.”

“We’ve deployed new technology, grown our local network footprint by 35 percent and have increased our collocation capabilities here in Nashville to provide solutions that businesses and enterprises require,” said Matt Warder, vice president and general manager for **tw telecom** in Nashville. “In today’s economy, businesses need to manage their networks, add capacity to meet their customers’ needs and do it as cost effectively as possible. **tw telecom** offers businesses solutions and capabilities that allow them to grow, while at the same time effectively manage their communications costs.”

About tw telecom

tw telecom holdings inc., a unit of **tw telecom inc.**, headquartered in Littleton, Colo., provides managed network services, specializing in Ethernet and transport data networking, Internet access, local and long distance voice, VoIP, VPN and security, to enterprise organizations and communications services companies throughout the U.S. As a leading provider of integrated and converged network solutions, tw telecom delivers customers overall economic value, quality, service, and improved business productivity. Please visit www.twtelecom.com for more information.

About Metropolitan Nashville Hospital Authority

The Hospital Authority of Metropolitan Nashville and Davidson County was formed by City Charter in 1999 as the governing body for the oversight of Nashville General Hospital at Meharry and Bordeaux Long Term Care. In 2000, the City of Nashville transferred the JB Knowles Assisted Living Facility and Adult Day Care under the Hospital Authority to complete the continuum of care for the residents of Nashville & Davidson County.

- Nashville General Hospital at Meharry, founded in 1890, is a 150 bed licensed hospital which serves as the primary teaching hospital of Meharry Medical College as well as a teaching site for Vanderbilt University.
- Bordeaux Long Term Care is a 420 bed long term care facility providing all levels of skill care as well as a 60 bed LTAC managed by Kindred Healthcare.
- Knowles Assisted Living and Adult Day Services provides assisted living for approximately 100 residents as well as adult day care for over 100 seniors.

The Hospital Authority is a publicly supported integrated health care delivery system providing seamless care across the continuum of life.